

## DIAMICRON MR 60 mg

### 達美康 MR 60 mg

modified release scored tablets

Gliclazide

Read all of this leaflet carefully before you start taking this medicine.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.
- If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

In this leaflet:

1. What DIAMICRON MR 60 mg, modified release scored tablet is and what it is used for
2. Before you take DIAMICRON MR 60 mg, modified release scored tablet
3. How to take DIAMICRON MR 60 mg, modified release scored tablet
4. Possible side effects
5. How to store DIAMICRON MR 60 mg, modified release scored tablet
6. Further Information

#### 1. WHAT DIAMICRON MR 60 mg, modified release scored tablet IS AND WHAT IT IS USED FOR

DIAMICRON MR 60 mg is a medicine that reduces blood sugar levels {oral antidiabetic medicine belonging to the sulfonylurea group}.

DIAMICRON MR 60 mg is used in a certain form of diabetes (type 2 diabetes mellitus) in adults, when diet, exercise and weight loss alone do not have an adequate effect on keeping blood sugar at the correct level.

#### 2. BEFORE YOU TAKE DIAMICRON MR 60 mg, modified release scored tablet

If your doctor has informed you that you suffer from intolerance to certain sugars, please contact your doctor before taking this medicine.

#### **Do not take DIAMICRON MR 60 mg, modified release scored tablet:**

- If you are allergic {hypersensitive} to gliclazide or any of the other ingredients of DIAMICRON MR 60 mg, or to other medicines of the same group (sulfonylureas), or to other related medicines (hypoglycaemic sulphonamides);
- If you have insulin-dependent diabetes (type I);
- If you have ketone bodies and sugar in your urine (this may mean you have diabetic keto-acidosis), a diabetic pre-coma or coma;

- If you have severe kidney or liver disease;
- If you are taking medicines to treat fungal infections (micronazole, see Section "Taking other medicines");
- If you are breastfeeding (see Section "Pregnancy and breastfeeding").

**Take special care with DIAMICRON MR 60 mg, modified release scored tablet**

You should observe the treatment plan prescribed by your doctor to achieve proper blood sugar levels. This means, apart from regular tablet intake, you observe the dietary regimen, have physical exercise and, where necessary, reduce weight.

During gliclazide treatment regular monitoring of your blood (and possibly urine) sugar level and also your glycated haemoglobin (HbA1c) is necessary.

In the first few weeks of treatment the risk of having hypoglycaemia (low blood sugar) may be increased, so particular close medical monitoring is necessary.

Hypoglycaemia may occur:

- If you take meals irregularly or skip meals altogether,
- If you are fasting,
- If you are malnourished,
- If you change your diet,
- If you increase your physical activity and carbohydrate intake does not match this increase,
- If you drink alcohol, especially in combination with skipped meals,
- If you take other medicines or natural remedies at the same time,
- If you take too high doses of gliclazide,
- If you suffer from particular hormone-induced disorders (functional disorders of the thyroid gland, of the pituitary gland or adrenal cortex),
- If your kidney function or liver function is severely decreased.

If you have hypoglycaemia you may have the following symptoms:

Headache, intense hunger, nausea, vomiting, weariness, sleep disorders, restlessness, aggressiveness, poor concentration, reduced alertness and reaction time, depression, confusion, speech or visual disorders, tremor, sensory disturbances, dizziness and feelings of helplessness.

The following signs and symptoms may also occur: sweating, clammy skin, anxiety, fast or irregular heartbeat, high blood pressure, sudden strong pain in the chest that may radiate into nearby areas (angina pectoris).

If blood sugar levels continue to drop you may suffer from considerable confusion (delirium), develop convulsions, lose self-control, your breathing may be shallow and your heartbeat slowed down, you may become unconscious.

In most cases the symptoms of hypoglycaemia vanish very quickly when you consume some form of sugar, e.g. glucose tablets, sugar cubes, fruit juice, sweetened tea.

You should therefore always carry some form of sugar with you (glucose tablets, sugar cubes). Remember that artificial sweeteners are not effective. Please contact your doctor or the nearest hospital if taking sugar does not help or if the symptoms recur.

Symptoms of hypoglycaemia may be absent, less obvious or develop very slowly or you are not aware in time that your blood sugar level has dropped. This may happen if you are an elderly patient taking certain medicines (e.g. those acting on the central nervous system and beta blockers).

If you are in stress-situations (e.g. accidents, surgical operations, fever, etc.) your doctor may temporarily switch you to insulin therapy.

Symptoms of hyperglycaemia (high blood sugar) may occur when gliclazide has not yet sufficiently reduced the blood sugar, when you have not complied with the treatment plan prescribed by your doctor or in special stress situations. These may include thirst, frequent urination, dry mouth, dry itchy skin, skin infections and reduced performance.

If these symptoms occur, you must contact your doctor or pharmacist.

If you have a family history of or know you have the hereditary condition Glucose-6-Phosphate Dehydrogenase (G6PD) deficiency (abnormality of red blood cells), lowering of the haemoglobin level and breakdown of red blood cells (haemolytic anaemia) can occur.

The use of this medicine is not recommended in patients presenting galactose intolerance, Lapp lactase deficiency or glucose-galactose malabsorption syndrome (rare hereditary diseases).

Contact your doctor before taking this medicinal product.

Due to a lack of data DIAMICRON MR 60 mg, modified release scored tablet is not recommend for use in children.

### **Taking or using other medicines**

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription, as they may interact with your DIAMICRON MR 60 mg, modified release scored tablet.

The hypoglycaemic effect of gliclazide may be strengthened and signs of low blood sugar levels may occur when one of the following medicines is taken:

- Other medicines used to treat high blood sugar (oral antidiabetics or insulin),
- Antibiotics (e.g. sulphonamides),
- Medicines to treat high blood pressure or heart failure (beta blockers, ACE-inhibitors such as captopril, or enalapril),
- Medicines to treat fungal infections (micronazole, fluconazole),
- Medicines to treat ulcers in the stomach or duodenum (H<sub>2</sub> receptor antagonists),
- Medicines to treat depression (monoamine oxidase inhibitors),
- Painkillers or antirheumatics (phenylbutazone, ibuprofen),
- Medicines containing alcohol.

The hypoglycaemic effect of gliclazide may be decreased and raised blood sugar levels may occur when one of the following medicines is taken:

- Medicines to treat disorders of the central nervous system (chlorpromazine),
- Medicines reducing inflammation (corticosteroids),
- Medicines to treat asthma or used during labour (intravenous salbutamol, ritodrine and terbutaline),
- Medicines to treat breast disorders, heavy menstrual bleeding and endometriosis (danazol).

DIAMICRON MR 60 mg, modified release scored tablet may increase the effects of medicines which reduce blood clotting (e.g. warfarin).

Consult your doctor before you start taking another medicinal product. If you go into hospital tell the medical staff you are taking DIAMICRON MR 60 mg.

#### **Taking DIAMICRON MR 60 mg, modified release scored tablet with food and drink**

DIAMICRON MR 60 mg, modified release scored tablet can be taken with food and non-alcoholic drinks.

Drinking alcohol is not recommended as it can alter the control of your diabetes in an unpredictable manner.

#### **Pregnancy and breastfeeding**

DIAMICRON MR 60 mg, modified release scored tablet is not recommended for use during pregnancy. If you are planning a pregnancy, or become pregnant, inform your doctor so that he may prescribe a more suitable treatment for you.

You must not take DIAMICRON MR 60 mg, modified release scored tablet while you are breastfeeding.

Ask your doctor or pharmacist for advice before taking any medicine.

#### **Driving and using machines**

Your ability to concentrate or react may be impaired in the case of hypoglycaemia, or hyperglycaemia or if you develop visual problems as a result of such conditions. Bear in mind that you could endanger yourself or others (e.g. when driving a car or using machines). Please ask your doctor whether you can drive a car if you:

- Have frequent episodes of hypoglycaemia,
- Have few or no warning signals of hypoglycaemia.

#### **Important information about some of the ingredients of DIAMICRON MR 60 mg, modified release scored tablet**

DIAMICRON MR 60 mg contains lactose. If your doctor has informed you that you suffer from intolerance to certain sugars, please contact your doctor before taking this medicine.

### 3. HOW TO TAKE DIAMICRON MR 60 mg, modified release scored tablet

#### **Dosage**

Always take DIAMICRON MR 60 mg exactly as your doctor has told you. You should check with your doctor or pharmacist if you are not sure.

The dose is determined by the doctor, depending on your blood and possibly urine sugar levels.

Change in external factors (e.g. weight reduction, change in life style, stress) or improvements in the blood sugar control may require changed gliclazide doses.

The usual dose is half to two tablets (maximum 120 mg) in a single intake at breakfast time. This depends on the response to treatment.

If a combination therapy of DIAMICRON MR 60 mg with metformin, an alpha glucosidase inhibitor or insulin is initiated your doctor will determine the proper dose of each medicine individually for you.

Please talk to your doctor or pharmacist if you have the impression that DIAMICRON MR 60 mg is acting too strongly or not strongly enough.

#### **Methods and routes of administration**

Oral use.

Swallow your half tablet or whole tablet(s) in one piece.

Do not chew or crush.

Take your tablet(s) with a glass of water at breakfast time (and preferably at the same time each day).

You must always eat a meal after taking your tablet(s).

#### **If you take more DIAMICRON MR 60 mg, modified release scored tablet than you should**

If you take too many tablets, contact your doctor or the nearest hospitals Accident & Emergency department immediately.

The signs of overdose are those of low blood sugar (hypoglycaemia) described in Section 2. The symptoms can be helped by taking sugar (4 to 6 lumps) or sugary drinks straight away, followed by a substantial snack or meal. If the patient is unconscious immediately inform a doctor and call the emergency services. The same should be done if somebody, e.g. a child, has taken the product unintentionally. Unconscious patients must not be given food or drink. It should be ensured that there is always a pre-informed person that can call a doctor in case of emergency.

#### **If you forget to take DIAMICRON MR 60 mg, modified release scored tablet**

It is important to take your medicine every day as regular treatment works better.

However, if you forget to take a dose of DIAMICRON MR 60 mg, take the next dose at the usual time. Do not take a double dose to make up for a forgotten dose.

#### **If you stop taking DIAMICRON MR 60 mg, modified release scored tablet**

As the treatment for diabetes is usually life long, you should discuss with your doctor before stopping this medicinal product. Stopping could cause high blood sugar (hyperglycaemia).

If you have any further questions on the use of this product, ask your doctor or pharmacist.

#### 4. Possible side effects

Like all medicines DIAMICRON MR 60 mg, modified release scored tablet can cause side effects, although not everybody gets them.

The most commonly observed side effect is hypoglycaemia. For symptoms and signs see Section "Take special care". If left untreated these symptoms could progress to drowsiness, loss of consciousness or possibly coma. If a hypoglycaemia episode is severe or prolonged, even if it is temporarily controlled by eating sugar, you should seek immediate medical attention.

##### Liver disorders

There have been isolated reports of abnormal liver function, which can cause yellow skin and eyes. If you get this, see your doctor immediately. The symptoms generally disappear if the medicine is stopped. Your doctor will decide whether to stop your treatment.

##### Skin disorders

Skin reactions such as rash, redness, itching and hives have been reported. Severe skin reactions may also appear.

##### Blood disorders

A decrease in the number of cells in the blood (e.g. platelets, red and white blood cells) may cause paleness, prolonged bleeding, bruising, sore throat and fever. These symptoms usually vanish when the treatment is discontinued.

##### Digestive disorders

Abdominal pain, nausea, vomiting, indigestion, diarrhoea and constipation. These effects are reduced when DIAMICRON MR 60 mg, modified release scored tablet is taken with a meal as recommended.

##### Eye disorders

Your vision may be affected for a short time especially at the start of treatment. This effect is due to changes in blood sugar levels.

As for other sulfonylureas, the following adverse events have been observed: cases of severe changes in the number of blood cells and allergic inflammation of the wall of blood vessels, reduction in blood sodium (hyponatraemia), symptoms of liver impairment (e.g. jaundice) which in most cases disappear after withdrawal of the sulfonylureas, but in isolated cases, may lead to life-threatening liver failure.

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

## 5. HOW TO STORE DIAMICRON MR 60 mg, modified release scored tablet

Keep out of the reach and sight of children

Do not use DIAMICRON MR 60 mg after the expiry date which is stated on the carton and the blister strip. The expiry date refers to the last day of that month.

Store below 30°C.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

## 6. FURTHER INFORMATION

### **What DIAMICRON MR 60 mg, modified release scored tablet contains:**

The active substance is gliclazide. One modified release tablet contains 60 mg of gliclazide.

The other ingredients are: lactose monohydrate, maltodextrin, hypromellose, magnesium stearate, silica colloidal anhydrous.

### **What DIAMICRON MR 60 mg, modified release scored tablet looks like and content of the pack:**

DIAMICRON MR 60 mg are white oblong modified release tablets, scored and engraved "DIA 60" on both faces. The tablets are available in blister packed in cartons of 10, 30 or 300 tablets.

Les Laboratoires Servier - France

Manufacturers

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